# CHRISTIAN CARE CENTER

# Men's Residence

Mission Statement: Meeting needs and sharing Christ with men who struggle with drug and alcohol abuse while helping them overcome their addictions through the love of Christ

#### **Purpose**

The Men's Residence is a faith-based drug and alcohol rehabilitation facility. The program is designed to empower men with substance abuse issues to overcome their struggles through teaching, counseling and mentoring and to support them as they strive to establish stable, independent lives.

### **Program Details**

The Men's Residence program is divided into four phases. Phase one is a very structured, six-month program. The men rise at 6:00 each morning and are busy with classes, individual counseling, chores and opportunities for service until 10:00 p.m. Class topics include a Christian Based 12 step program, Bible study, relapse prevention, financial literacy, relationship issues and others that help the men develop a healthy rhythm in their lives. During

phase two, which lasts six weeks, the men serve in one of the many ministries of the CCC. They learn valuable life skills as they work along-side other volunteers in the Benevolence Center, Thrift Store or other ministry area.

Phase three centers around helping the men regain financial independence. Over several months, they find jobs, work them and create a budget that enables them to repay any debts and deal with any financial issues resulting from their addictive behaviors. They then budget and save toward a place to live as they transition back into independent lives.

Many men successfully transition after phase three, but some need additional time and accountability. These men enter phase four and move to the off-campus transition house where they have more freedom, but benefit from the accountability and support offered by the extended program.



Every evening the on-campus men prepare and serve a hot meal to the area's homeless and hungry men, women and children. Forty - 60 guests arrive each evening and the Men's Center residents prepare, cook, serve, interact with and encourage them. As they serve, they discover the fulfillment derived from giving back to their community, as others pour into their lives.

#### **Facilities**

The Men's Residence has two barracks-style rooms with 12 beds each and three bedrooms that sleep two to four men each, for a total of 34 beds. The facility also features a commercial kitchen and a large common room that serves both as a dining room and a classroom, private rooms for counseling as well as staff offices. Outdoors there is a recreation area with basketball, free weights and a running circuit.

# History

In 1982, FBC Leesburg established a rescue mission for transient men. As time progressed, it became clear that most of the men being served struggled with drug and alcohol addiction issues and would be better served in a rehabilitation facility. The mission expanded its services and undertook the challenge to provide substance abuse programs and life skills training to enable men to conquer their addictions and regain control of their lives. The Center serves 24 men in program, 10 men in on-campus transition and three men in off-campus transition.

#### Staff

The Men's Residence staff consists of four positions:

- The Director oversees all operations of the Men's Center, its programs, facilities, staff and residents.
- Two assistants manage day-to-day operations, including meal preparation, housekeeping, scheduling and supervising the residents.
- A resident manager provides after hours security and safety

# **Partnering Opportunities**

Volunteer partnership opportunities include:

- Serve dinner at 5:00 p.m. to the needy
- Answer the telephone
- Teach classes
- Retired professional counselors to counsel residents
- Partner financially to sponsor a man, equip men with study materials or supply kitchen equipment



The staff is supported by a dedicated team of volunteers who serve in many capacities, including answering phones, counseling, teaching and mentoring residents.



Jay Walsh Men's Residence Director

Jay has served as Men's Residence director since 2001. He has an extensive background in inner city missions and is passionate about helping men change their lives through discipleship. Jay and his wife, Linda, have four children. His goal for the Men's Residence is fourfold:

- To help men overcome their addiction
- To disciple men in a relationship with God
- To assist them in reconciling with their families
- To transition them to independent living